

WINGS

Boneless Wings

Hand Breaded and Tossed in your favorite sauce

5.....\$9.49 10.....\$16.49
15.....\$22.49 20.....\$28.49

Boneless Wings

Fresh, non breaded

10 - \$16.49 20 - \$28.49

Wing Sauces

Mild, Medium, Hot, Hot Damn, Honey Buffalo,
Sweet Chili, BBQ, Sweet Garlic Teriyaki, Cinnamon
Chipotle Dry Rub, Buffalo Garlic, Mango
Habanero

Extra Ranch or Blue Cheese 0.75

BURGERS

Served with Fries or Chips

Sub Onion Rings for 1.49

All burgers start as a smash burger

Smash Burger* **12.99**

2 patties topped with melted cheese, lettuce and
tomato,

Add Avocado \$1.50

Patriot Burger* **14.99**

Cheddar, Bacon, BBQ Sauce, Onion Ring

Slap Shot* **12.99**

Swiss, Mushrooms

Black Bean Burger **13.99**

Lettuce, tomato and avocado

*Warning, consuming raw or undercooked meat may increase
your risk of foodborne illness.

STARTERS

Loaded Tots **11.99**

Crispy Tater Tots topped with cheddar cheese
sauce, bacon and sour cream on the side

Fried Cheese Curds **10.99**

Fried Pickles **10.99**

Served with ranch dressing

Buffalo Chicken Dip **14.99**

Homemade and served with house fried potato
chips

Loaded Buffalo Fries **14.99**

Fries topped with boneless wings, hot sauce,
cheddar jack cheese, bacon and sour cream

Quesadilla **6.99**

Add Chicken 3.99 Add onion, gr pepper & tomatoes
\$2.49

2 Pretzels & Cheese **10.99**

Mini Veggie Tray **8.49**

Fried Mushrooms **9.99**

3 Boneless Wings & Fries **8.99**

Loaded Nachos **13.99**

Jalapeno Poppers **13.99**

DESSERTS

Whoopie Pie

Peanut Butter Pie

Ballpark Sundae

Cheesecake

Oreo Cheesecake



41 Washington St.

Bangor, ME

207.974.3033

CATERING AVAILABLE

Visit herossportsgrill.com for menu
options or call 974-3033 for more
information

Box lunches available for teams and
office groups

Hours of Operation

Monday : Closed

Tues - Thurs: 4 pm - 9 pm

Friday 11 am - 9 pm

Saturday 12 pm - 9 pm

Sunday 12 pm - 8 pm

*Prices subject to change

PIZZA

	10"	16"
Cheese	8.99	15.99
Pepperoni	9.99	17.74
Buffalo Chicken	12.49	21.24

Your choice of wing sauce, fried chicken and a mozzarella cheese blend

Veggie	11.99	20.99
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Onion, green pepper, mushroom, black olive and tomato

Meatlovers	15.49	26.99
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Hamburger, pepperoni, sausage, bacon and ham

Supreme	13.99	24.99
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Onion, green pepper, pepperoni, sausage & bacon

The Mainah	11.24	17.74
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Cheese pizza topped with red hot dogs

Loaded Cheeseburger	12.99	22.49
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Thousand Island, cheddar cheese, hamburger, lettuce, and pickles

Sub Cauliflower crust on 10" pizza for \$2.50

Additional Toppings:

Pepperoni, Ham, Onion, Green Pepper, Jalapenos, Black Olives, Tomato, Pineapple, Mushroom, Extra Cheese 10" \$1.00 16" \$1.99

Grilled Chicken, Fried Chicken, Hamburger,

Sausage, Bacon, Hot Dogs 10" \$1.99 16" \$3.99

**Check out our menu online for more specialty pizzas!

MAC & CHEESE

Buffalo Chicken	13.99
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Creamy mac and cheese with fried chicken and mild buffalo sauce

Mainah Mac	13.99
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Creamy mac and cheese with red hot dogs

Steak Mac & Cheese	15.99
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Loaded with onion, green peppers and mushrooms upon request

LOADED BREADSTICKS

Cheese	8.99
Pepperoni	9.99
Buffalo Chicken	12.99
Hawaiian	10.99
Steak & Cheese	14.99

PLATTERS

Served with Fries or Chips & Coleslaw
Sub Onion Rings for 1.49

Chicken Fingers	12.99
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5 Hand breaded fresh chicken tenders

Fish & Chips	14.99
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Steak Tips*	16.99
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Marinated steak tips served with 2 sides

Stanley Cup	13.99
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Mashed Potatoes topped with fried chicken, corn, shredded cheese and gravy

SALADS

Garden Salad	\$8.99
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Caesar Salad	\$7.99
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Buffalo Chicken Salad	\$14.99
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Lettuce, onion, green pepper, tomato, cucumbers, & fried chicken tossed in your choice of wing sauce

Southwest Chicken Salad	\$14.99
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Romaine, black olives, jack cheddar cheese, avocado and seasoned chicken

Add Fried Chicken \$4.99

Add Grilled Chicken \$4.99

Add Cranberry Walnut Chicken Salad \$3.99

Add Steak Tips \$6.99

SANDWICHES

Served with Fries or Chips

Sub Onion Rings for 1.49

Buffalo Chicken Wrap	13.99
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Your choice of wing sauce, fried chicken, lettuce, tomato, cheese

Philly Steak & Cheese	14.99
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Philly Chicken Sub	13.99
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Haddock Sandwich	13.99
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with lettuce, tomato, and tartar

Chicken Caesar Wrap	12.99
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Grilled Chicken, parmesan cheese, lettuce and caesar dressing

Chicken Salad BLT	13.99
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Cranberry Walnut Chicken Salad, lettuce, tomato and Bacon

Crispy Chicken Wrap	13.99
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Fried chicken, lettuce, tomato, bacon and cheese

2 Hot Dog Basket	11.99
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red hot dogs with your choice of toppings

Southwest Chicken Wrap	13.99
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Lettuce, black olives, tomatoes, shredded cheese, avocado, seasoned chicken and southwest ranch

SIDES

	Small	Large
French Fries	3.99	6.99
House Fried Chips	3.99	7.99
Tater Tots	4.99	9.99
Mac & Cheese	4.99	9.99
Onion Rings	5.99	10.99
Mashed with Gravy	3.99	

*Prices subject to change